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HOME BASE - HERITAGE PARK - COFFEE CREEK 10 MILE COURSE

FROM HOME BASE TO 5 MILE TURNAROUND

1. HEAD WEST FROM THE PARKING LOT ALONG LAKE
2. KEEP LEFT AT THE FIRST AND SECOND FORKS, CONTINUE AROUND THE LAKE
3. SOUTHEAST (LEFT) AT FORK TO NEXT RIGHT ON TRAIL
4. SOUTH (RIGHT) TO CONTINUE ON TRAIL
5. KEEP HEADING SOUTH AND EAST TO SHELTER 9
6. EAST (LEFT) ON TRAIL, HEADS NORTH
7. CONTINUE EAST ON TRAIL, CROSS PFLUMM RD
8. CROSS QUIVIRA ON TRAIL, HEAD SOUTH (RIGHT)
9. EAST (LEFT) AT FIRST TURN TO CODY ST
10. NORTH (LEFT) ON CODY ST TO LUCILLE ST
11. SOUTH (RIGHT) ON LUCILLE ST, BECOMES W 166TH TER
12. CONTINUE ON W 166TH TER TO FLINT ST
13. SOUTH (RIGHT) ON FLINT ST TO DEAD END
14. NORTHEAST (LEFT) ON COFFEE CREEK TRAIL TO W 169TH ST
15. WEST (RIGHT) ON W 169TH ST TO 5 MILE TURNAROUND

5 MILE TURNAROUND BEFORE MELROSE ST

