

## HOME BASE - CROWS COFFEE 10 MILE COURSE

## FROM HOME BASE TO TURNAROUND

- 1. WEST (LEFT) ON RED BRIDGE RD TO WORNALL RD
- 2. SOUTH (LEFT) ON WORNALL RD TO WORNALL TERR
- 3. SOUTHWEST (SLIGHT RIGHT) ON WORNALL TERR TO W 112TH ST
- 4. WEST (RIGHT) ON W 112TH ST TO SUMMIT ST
- 5. SOUTH (LEFT) ON SUMMIT ST TO MADISON AVE
- 6. WEST (RIGHT) ON MADISON AVE TO W MINOR DR
- 7. WEST (RIGHT) ON W MINOR DR (BECOMES W 119TH ST)
- 8. CONTINUE ON W 119TH ST TO TOMAHAWK CREEK PKWY
- 9. SOUTH (LEFT) ON TOMAHAWK CREEK PKWY TO ROE AVE (EAST SIDE)
- 10. SOUTH (LEFT) ON ROE AVE TO TOMAHAWK CREEK TRAIL
- 11. SOUTH (SLIGHT LEFT ON TOMAHAWK CK TRL TO FORK
- 12. WEST (RIGHT) AT FORK TO NALL AVE
- 13. SOUTH (LEFT) ON NALL TO 5 MILE TURNAROUND

## FROM TURNAROUND TO HOME BASE

- 1. NORTH ON NALL AVE TO TOMAHAWK CK TRL TO FORK (PAST ROE AVE)
- 2. NORTH (LEFT) ON TRAIL ACCESS TO ROE AVE
- 3. NORTH (SLIGHT RIGHT) ON ROE AVE TO TOMAHAWK CREEK PKWY
- 4. EAST (RIGHT) ON TOMAHAWK CREEK PKWY TO W 119TH ST
- 5. EAST (RIGHT) ON W 119TH ST TO MADISON AVE
- 6. NORTH (LEFT) ON MADISON AVE TO SUMMIT ST
- 7. NORTH (LEFT) ON SUMMIT ST TO W 112TH ST
- 8. EAST (RIGHT) ON W 112TH ST TO WORNALL TERR
- 9. NORTH (SLIGHT LEFT) ON WORNALL TERR TO WORNALL RD
- 10. NORTH (LEFT) ON WORNALL RD TO RED BRIDGE RD
- 11. EAST (RIGHT) ON RED BRIDGE RD TO HOME BASE

