

Powered by CoachAmyPT 😪

HOME BASE - BROOKSIDE COURTS PARK 10 MILE COURSE

FROM HOME BASE TO 5 MILE TURNAROUND

- 1. SOUTH THROUGH PARKING LOT TO MEYER BLVD
- 2. EAST (LEFT) ON MEYER BLVD TO MORNINGSIDE DR
- 3. NORTH (LEFT) ON MORNINGSIDE DR, BECOMES GRAND AVE
- 4. CONTINUE ON GRAND AVE TO E 57TH ST
- 5. WEST (LEFT) ON E 57TH ST TO BROOKSIDE BLVD (WEST SIDE)
- 6. NORTH (RIGHT) ON BROOKSIDE BLVD (WEST SIDE) TO WARD PKWY
- 7. WEST (LEFT) ON WARD PKWY TO BROADWAY BLVD
- 8. SOUTH (LEFT) ON BROADWAY BLVD, BECOMES WORNALL RD
- 9. CONTINUTE ON WORNALL TO WARD PKWY
- 10. WEST (RIGHT) ON WARD PKWY TO SUNSET DR
- 11. SOUTHWEST (SLIGHT LEFT) ON SUNSET DR TO W 55TH ST
- 12. WEST (RIGHT) ON W 55TH STREET TO WARD PKWY (WEST SIDE)
- 13. SOUTH (LEFT) ON WARD PKWY (WEST SIDE) TO 5 MILE

5 MILE TURNAROUND AT MEYER CIRCLE FOUNTAIN

FROM TURNAROUND TO HOME BASE

- 1. NORTH ON WARD PKWY TO W 55TH ST
- 2. EAST (RIGHT) ON W 55TH ST TO SUNSET DR
- 3. NORTH (LEFT) ON SUNSET DR TO WARD PKWY
- 4. NORTHEAST (SLIGHT RIGHT) ON WARD PKWY TO WORNALL RD
- 5. NORTH (LEFT) ON WORNALL RD BECOMES BROADWAY BLVD
- 6. CONTINUE ON BROADWAY BLVD TO WARD PKWY
- 7. EAST (RIGHT) ON WARD PKWY TO BROOKSIDE BLVD
- 8. SOUTHEAST (SLIGHT RIGHT) ON BROOKSIDE BLVD TO E 57TH ST
- 9. EAST (LEFT) ON E 57TH STREET TO GRAND AVE
- 10. SOUTH (RIGHT) ON GRAND AVE, BECOMES MORNINGSIDE DR
- 11. CONTINUE ON MORNINGSIDE DRTO MEYER BLVD
- 12. WEST (RIGHT) ON MEYER BLVD TO PARKING LOT
- 13. NORTH (RIGHT) THROUGH PARKING LOT TO HOME BASE

